

HOSTED BY



MANGALORE ENDODIABCON 2026

"Practical Endocrinology : Controversies, Cases & Clinical Precision"

in association with



Canara Orthopaedic Society

PreConference **BONE HEALTH CME**



Date :

22nd August 2026



Venue :

Ocean Pearl, Mangalore



Bone Symposium



22nd August 2026



Pacific IV, Hotel Ocean Pearl,
Mangalore

Time	Topic	Speaker
Bone and muscle strength assessment in practice: Practical tips		
Chairpersons: Dr. Seetaram. B. Rao, Dr. Amarnath Savur		
06:30 PM - 07:00 PM	Is DXA adequate for diagnosis of Osteoporosis? Should we move beyond areal BMD?	Dr. Lakshmi Nagendra
07:00 PM - 07:20 PM	Interpretation & pitfalls of DEXA scan	Dr. Sphoorthi Pai
07:20 PM - 07:40 PM	Should sarcopenia assessment be mandatory in fracture patients?	Dr. Siddarth Shetty
07:40 PM - 08:10 PM	Use of bone formation & resorption markers in the management of osteoporosis	Dr. Ridhidas Gupta
Management of Osteoporosis: Complexities		
Chairpersons: Dr. Lawrence Mathias, Dr. Praveen Rai		
08:10 PM - 08:30 PM	Challenges of treatment of fractures in Osteoporosis	Dr. Atmananda S. Hegde
08:30 PM - 09:00 PM	Medical Management of osteoporosis	Dr. Sahana Shetty
09:00 PM - 09:20 PM	Drug Holiday in Osteoporosis management: Is it a must?	Dr. Sowrabha Bhat