

HOSTED BY



MANGALORE ENDODIABCON 2026

"Practical Endocrinology : Controversies, Cases & Clinical Precision"

in association with



**IMA, Mangalore and
IMA Women's Wing, Mangalore**



23rd August 2026



**TMA Pai Convention Centre, M G Road,
Kodailbail, Mangalore**



Greetings from Mangalore !!

Mangalore Endodiab Clinic is back with its hallmark academic event this year also “Mangalore Endodiabcon - 2026” is to be held on 23rd August, 2026. We are presenting this unique academic conference covering various fields of Endocrinology including Diabetes, Thyroid, Reproductive, bones and pediatrics this year with more colors and flavors. Speakers of national repute from institutions spread all over India will converge on Mangalore to update our knowledge on these topics. The venue is TMA Pai Convention Centre, Mangalore which ranks among the top convention centres of our great country.

ORGANIZING COMMITTEE



Dr. Sudeep.K

Organizing Chairman
Mangalore Endodiabcon 2025



Dr. Ganesh.H.K

Organizing Secretary
Mangalore Endodiabcon 2025



Dr. Shrikrishna Acharya

Treasurer
Mangalore Endodiabcon 2025

REGISTRATION

Early bird till 30 th June 2026	After 1 st July 2026
₹ 500/-	₹1000/-



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Last date for abstract submission: 31th July 2026

Please send the abstracts to:

endodiabcon28@gmail.com

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CONFIRMED SPEAKERS



Dr. Sameer Agarwal
Consultant Endocrinologist,
Rohtak



Dr. Deepak Khandelwal
Consultant Endocrinologist,
New Delhi



Dr. Rana Bhattacharjee
Professor, Department of Endocrinology,
Institute of Post Graduate Medical
Education and Research, Kolkata



Dr. K. V. S. Harikumar
Consultant Endocrinologist,
MAGNA Center for Obesity,
Diabetes and Endocrinology, Hyderabad



Dr. Kaushik Pandit
President
Endocrine Society of India



Dr. Mathew John
Consultant Endocrinologist,
PROVIDENCE, Thiruvananthapuram



Dr. Arpan Dev Bhattacharya
Consultant Endocrinologist,
Manipal Hospitals, Bangalore



Dr. Santosh. R
Consultant Endocrinologist,
Director, MAGNA Center for Obesity,
Diabetes and Endocrinology, Hyderabad



Dr. Anish Behl
Consultant Endocrinologist,
BGS Apollo Hospital, Mysore



Dr. Ganapathi B
Professor, Department of Endocrinology,
St John's Medical College, Bengaluru



Dr. Sachin Krishnaraj K
Assistant Professor,
Department of Endocrinology,
KMC, Mangaluru



Dr. Sanjana Rai
Assistant Professor,
Department of Endocrinology,
FMMC, Mangaluru



Dr. Sudeep. K.
Professor,
Department of Endocrinology,
FMMC, Mangaluru



Dr. Sowrabha Bhat
Associate Professor,
Department of Endocrinology,
Yenepoya Medical College, Mangaluru



Dr. Himamshu Acharya
Assistant Professor,
Department of Endocrinology,
AJIMS, Mangaluru



Dr. Sphoorthi Pai
Consultant Endocrinologist,
Nanjappa Multispeciality Hospital,
Shimoga



Dr. Basavaraj
Consultant Endocrinologist,
Narayana Hrudayalaya, Bangalore



Dr. Riddhidas Gupta
Associate Professor,
Department of Endocrinology,
Saptagiri Institute of Medical Sciences,
Bengaluru



Dr. Anish Ahamed
Consultant Endocrinologist,
Endodiab Clinic, Parinthalmanna

CONFIRMED SPEAKERS



Dr. Gururaja Rao
Associate Professor,
Department of Endocrinology,
AJIMS, Mangaluru



Dr. Laxmi Nagendra
Associate Professor,
Department of Endocrinology,
JSS Medical College, Mysore



Dr. Akhila Bhandarkar
Associate Professor,
Department of Endocrinology,
KSHEMA, Mangaluru



Dr. Sahana Shetty
Professor,
Department of Endocrinology,
KMC, Manipal



Dr. Supreetha Shetty
Pediatric endocrinologist,
AJIMS, Mangalore



Dr. Mohan T Shenoy
Consultant Endocrinologist,
Thiruvananthapuram



Dr. Srinath A
Consultant Endocrinologist
Kauvery Hospital, Bangalore



Dr. Srinagesh V
Consultant Endocrinologist
Srinagesh Diabetes
Thyroid and Endocrine Clinic, Hyderabad



Dr. Kaushik Biswas
Consultant Endocrinologist,
Manipal Hospitals, Kolkata



Dr. Deep Dutta
Consultant Endocrinologist,
CEDAR Superspecialty Clinic,
New Delhi



Dr. Gagan Priya
Consultant Endocrinologist,
Fortis Hospital, Mohali



Dr. Mahesh D.M.
Consultant Endocrinologist,
Aster CMI Hospital, Bangalore



Dr. Raju Gopal
Consultant Endocrinologist,
Endodiab Clinic, Kozhikode



Dr. Jayashree Swain
Professor,
Department of Endocrinology,
Institute of Medical Sciences &
SUM Hospital, Cuttack



Dr. Joe George
Consultant Endocrinologist,
Endodiab Clinic, Kozhikode



Dr. Prashanth Mappa
Consultant Endocrinologist,
Endodiab Clinic, Kannur



Dr. Sriram M
Assistant Professor,
Department of Endocrinology,
AJIMS, Mangaluru



Dr. Siddharth Shetty
Assistant Professor,
Department of Endocrinology,
AJIMS, Mangaluru



Dr. Shrikrishna. V. Acharya
Professor,
Department of Endocrinology,
KSHEMA, Mangaluru



Dr. Praveen Kumar NS
Associate professor
Department of Endocrinology
Mysore Medical College, Mysore

CONFIRMED SPEAKERS



Dr. Arjun
Consultant Endocrinologist,
Aster Hospital, Kannur



Dr. Vimal. M. V
Consultant Endocrinologist,
Aster MIMS, Kozhikode



Dr. Prathosh Gangadhar
Consultant Endocrinologist,
IQRAA Hospital, Kozhikode



Dr. Shrinath. P. Shetty
Consultant Endocrinologist,
KMC, Mangalore



Dr. Ganesh. H. K
Professor,
Department of Endocrinology,
AJIMS, Mangaluru



Dr. Somashekhar Reddy
Faculty
Consultant Endocrinologist,
Fortis Hospital, Bangalore



SPEAKERS

Bhandarkar Hall

Time	Topic	Speaker
Diabetes Symposium: Diagnostic Conundrums		
Chairpersons: Dr. Ganesh Khandige, Dr. Anitha Sequeira, Dr. Roshan.		
08:45 AM – 09:05 AM	Optimizing HbA1c, SMBG & CGMS for monitoring: Clinical Scenarios	Dr. Mathew John
09:05 AM - 09:25 AM	HbA1c: Assay methodologies & pitfalls	Dr. Deepak Khandelwal
09:25 AM - 09:45 AM	Approach to young onset diabetes	Dr. Rana Bhattacharjee
Diabetes Symposium: Old Vs New School of Management		
Chairpersons: Dr. Kishor Kumar Ubrangala, Dr. Sadananda Naik, Dr. Chakrapani. M		
09:50 AM - 10:10 AM	TIR Vs HbA1c: Should we redefine glycemic targets?	Dr. K. V. S. Harikumar
10:10 AM - 10:30 AM	Metformin & SU: Are they still relevant in the era of cardiorenal protection?	Dr. Riddhidas Gupta
10:30 AM - 10:50 AM	Pioglitazone & thin fat Indian Phenotype	Dr. Kaushik Pandit
Break (10:50 AM - 11:00 AM)		
Obesity & Diabetes Management: Simplified or Became more Complicated?		
Chairpersons: Dr. B. M. Venkatesh, Dr. Archith Bloor, Dr. Prakash Harischandra		
11:00 AM - 11:20 AM	Holistic Type 2 Diabetes Mellitus management with innovator Semaglutide: Evidence and experience	Dr. Vimal M. V
11:20 AM - 11:40 AM	Beyond the hype: Why innovator Semaglutide's proven legacy sets the gold standard in Obesity management?	Dr. Anish Behl
11:40 AM - 12:00 PM	Protein engineering for reduced insulin burden: The advent of Icodec	Dr. R. Santosh
Combining an incretin and basal insulin: Is it more effective?		
Chairperson: Dr. Sudhindra Rao		
12:00 PM - 12:20 PM	iGlarLixi as a first injectable simplifying real world clinical practice	Dr. Prathosh Gangadhar
Obesity management redefined: A New Ray of Hope		
Moderator: Dr. Basavaraj. G. S		
12:20 PM - 12:25 PM	Obesity as a chronic disease: Beyond the BMI paradigm	Dr. Basavaraj G S
12:25 PM - 12:40 PM	One Disease, Many Organs: The Silent Progression from fat to organ dysfunction	Dr. Basavaprabhu
12:40 PM – 12:55 PM	The Incretin Advances: Mono-agonism to dual agonism in treatment of obesity and its clinical implications	Dr. Sahana Shetty
12:55 PM – 01:10 PM	Putting it all together: Integrating evidence into practice followed by concluding remarks	Dr. Praveen Kumar NS
01:10 PM – 01:20 PM	Pannel Discussion Q & A	Dr. Basavaraj G S
Lunch (01:15 PM - 02:00 PM)		
Meet the Professor		
02:00 PM - 02:30 PM	24-year-old, non-obese newly detected diabetes	Dr. Anish Behl Dr. Ganesh. H. K
02:30 PM - 03:00 PM	78-year-old with HbA1c 5.7; recurrent hypoglycemias	Dr. Arpan Dev Bhattacharya, Dr. Deepak Khandelwal
Case Based Discussion		
Chairpersons: Dr. Maben. E. V. S, Dr. L. N. Samaga, Dr. Arun. S		
03:00 PM - 03:20 PM	Effective glycemic monitoring	Dr. Basavaraj G. S
03:20 PM - 03:40 PM	Pancreatic Diabetes Mellitus: Are we managing in the right way?	Dr. Anish Ahmed
03:40 PM - 04:00 PM	DKA in Type 2 DM	Dr. Arjun
Shoot At Sight (Shoot the question bullets to our soldiers)		
04:00 PM - 04:30 PM	SGLT2 inhibitors, UTI, Cardiorenal protection	Moderator: Dr. Sudeep K Dr. Sowrabha Bhat Dr. Himamshu Acharya Dr. Sphoorthi Pai
Debate		
Moderator: Dr. Mohammad Ismail		
04:30 PM - 05:00 PM	Metformin is the first-choice agent in DM management	
	Yes	Dr. Sachin Krishnaraj K
	No	Dr. Siddharth Shetty
Vote of Thanks (05:00 PM)		

Ammini Hall

Time	Topic	Speaker
08:00 AM - 09:00 AM	Poster session	
Controversies in Pediatrics Endocrinology		
Chairpersons: Dr. Suchetha Sudhesh Rao, Dr. Shrikrishna. S, Dr. Chandrashekhar		
09:00 AM - 09:20 AM	Childhood obesity: Lifestyle first or early pharmacotherapy?	Dr. Supreetha Shetty
09:20 AM - 09:40 AM	Counselling parents of ambiguous genitalia & congenital hypothyroidism	Dr. Mohan Shenoy
09:40 AM - 10:00 AM	Diagnosis has a new face: AI in pediatric endocrinology	Dr. Srinagesh V
10:00 AM - 10:20 AM	Subclinical hypothyroidism in children: To treat or not to treat?	Dr. Kaushik Biswas
Adult Immunization: Where do we stand?		
Chairpersons: Dr. Raghav Sharma, Dr. Supriya. P. S		
10:20 AM - 10:40 AM	Vaccination against Herpes Zoster: Practical tips	Dr. Srinath.A
Break (10:40 AM - 11:15 AM)		
Practical Issues in Reproductive Endocrinology		
Spectrum of endocrine issues in women: How to deal with it?		
Chairpersons: Dr. Latha Sharma, Dr. Poornima Nair		
11:15 AM - 11:35 AM	Simplified Approach to Primary Amenorrhoea	Dr. Sameer Agarwal
11:35 AM - 11:55 AM	Early gestational diabetes	Dr. Deep Dutta
Fertility potential: How can it be improved?		
Chairpersons: Dr. Prema D Cunha, Dr. Pradeep Ganiga		
11:55 AM - 12:15 PM	Myoinositol & Metformin in PCOS: Current status	Dr. Gagan Priya
12:15 PM - 12:35 PM	Adolescent PCOS: How is it different?	Dr. R Santosh
12:35 PM - 12:55 PM	Fertility preservation for cancerous and non cancerous conditions	Dr. Mahesh D. M
Lunch (01:15 PM - 02:00 PM)		
Meet the Professor		
02:00 PM - 02:30 PM	42 year old diabetic hypertensive with ODS Cortisol 2.8 mcg/dl	Dr. Jayashree Swain Dr. Prashanth Mappa
02:30 PM - 03:00 PM	48 year old with hyponatremia	Dr. Ganapathi.B, Dr. Gururaja Rao
Case Based Discussion		
Chairpersons: Dr. Nithyananda Chowta, Dr. Archana Acharya, Dr. Pratiksha Rai		
03:00 PM - 03:20 PM	All hypertensives should be screened for ARR?	Dr. Vimal M. V
03:20 PM - 03:40 PM	Hyperthyroidism in Elderly	Dr. Raju Gopal
03:40 PM - 04:00 PM	Combination of Thyroxine & Liothyronine therapy	Dr. Prathosh Gangadhar
Shoot At Sight (Shoot the question bullets to our soldiers)		
04:00 PM - 04:30 PM	Routine screening for thyroid dysfunction is a must in all health check up packages	Moderator: Dr. Shrikrishna Acharya Dr. Somashekhar Reddy Dr. Akhila Bhandarkar Dr. Shrinath Pratap Shetty
Debate		
Moderator: Dr. Muralidhar Yadiyal		
04:30 PM - 05:00 PM	TSH between 2.5-4 should be treated in pregnancy	
	Yes	Dr. Sanjana Rai
	No	Dr. Sriram M

TOURIST PLACES



Kapu Beach



St. Aloysius Chapel



Kadri Manjunath Temple



Tannirbhavi Beach



Gokarnanatheshwara Temple



Ullal Darga

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